

THE EMOTIONS

The list is taken from Spinoza's *The Ethics*, with modern dictionary definitions.

1. **Desire** – to wish or long for.
2. **Pleasure** – an agreeable or enjoyable sensation.
3. **Pain** – the sensation of acute physical hurt or discomfort caused by injury, illness, etc.; or mental suffering or distress.
4. **Wonder** – the feeling excited by something strange; a mixture of surprise, curiosity, and sometimes awe.
5. **Contempt** – the feeling towards a person a thing that is considered despicable; to look down upon something; to scorn or deride.
6. **Love** – to have a great attachment to and affection for; to have passionate desire, longing, and feelings for.
7. **Hatred** – intense dislike; enmity.
8. **Inclination** – a particular disposition, especially a liking; a tendency, predisposition, propensity or leaning.
9. **Aversion** – extreme dislike or disinclination.
10. **Devotion** – a strong attraction to or affection for a cause, person, etc., marked by dedicated loyalty; religious zeal, piety.
11. **Derision** – speaking of or treating with contempt or ridicule; to laugh at or scorn; to mock.
12. **Hope** – a feeling of desire for something and confidence in the possibility of its fulfilment; a reasonable ground for this feeling.
13. **Fear** – a feeling of distress, apprehension, or alarm caused by impending danger, pain, etc; awe, reverence.
14. **Confidence** – a trust in a person or thing; belief in one's own abilities; self-assurance; trust or a trustful relationship; something confided, secret
15. **Despair** – to lose or give up hope; total loss of hope
16. **Joy** – a deep feeling or condition of happiness or contentment; an outward show of pleasure or delight
17. **Disappointment** – to fail to meet the expectations, hopes, etc. of; let down; to prevent the fulfilment of (a plan etc.); frustrate
18. **Pity** – a sympathy of sorrow felt for the sufferings of another; show mercy for
19. **Approval** – to consider fair, good or right; formal agreement; to authorise or sanction.
20. **Indignation** – anger or scorn aroused by something felt to be unfair, unworthy or wrong.
21. **Partiality** – favourable bias; liking or fondness
22. **Disparagement** – to speak contemptuously of; belittle; to damage the reputation of
23. **Envy** – a feeling of grudging or somewhat admiring discontent aroused by the possessions, achievements, or qualities of another; the desire to have something possessed by another; covetousness
24. **Sympathy** – the sharing of another's emotions, especially of sorrow or anguish; compassion; affinity or harmony, usually of feelings or interests, between persons or things
25. **Self-approval** – pleasure arising from a man's contemplation of himself and his own power of action

26. **Humility** – consciousness of one's failings; unpretentiousness; deferential or servile
27. **Repentance** – remorse or contrition for one's past actions; showing penitence
28. **Pride** – a feeling of honour and self-respect; a sense of personal worth; excessive self-esteem; conceit; satisfaction or pleasure in one's own or another's success, achievements, etc.
29. **Self-abasement** – to humble or belittle oneself; thinking too poorly of oneself.
30. **Honour** – personal integrity; allegiance to moral principles; fame or glory, esteem
31. **Shame** – a painful emotion resulting from an awareness of having done something dishonourable, unworthy, etc.; ignominy or disgrace
32. **Regret** – to feel sorry, repentant or upset about; to bemoan or grieve the death or loss of; a sense of repentance, guilt or sorrow; a sense of loss or grief.
33. **Emulation** – to attempt to equal or surpass, especially by imitation; to rival or compete with
34. **Thankfulness** or *gratitude* – a feeling of thankfulness, as for gifts or favours; grateful and appreciative
35. **Benevolence** – inclination to do good; charity; an act of kindness
36. **Anger** – a feeling of great annoyance or antagonism as the result of some real or supposed grievance; rage; wrath
37. **Revenge** – the act of retaliating for wrongs or injury received; vengeance; to inflict equivalent injury or damage for injury received; to avenge
38. **Cruelty** or *savageness* – deliberate infliction of pain or suffering; conduct that causes danger to life or limb or a threat to bodily or mental health
39. **Timidity** – easily frightened or upset, especially by human conduct; shy
40. **Daring** – bold or adventurous; courage in taking risks; boldness
41. **Cowardice** – lack of courage in facing danger, pain, or difficulty
42. **Consternation** – a feeling of anxiety, dismay, dread or confusion
43. **Courtesy** or *deference* – politeness, good manners; polite and considerate in manner; courteous regard; respect
44. **Ambition** – strong desire for success or achievement
45. **Luxury** – indulgence in and enjoyment of rich, comfortable, and sumptuous living; something considered an indulgence rather than a necessity
46. **Intemperance** – consuming alcoholic drink habitually or to excess; immoderate; unrestrained; extreme or severe
47. **Avarice** – extreme greed for riches
48. **Lust** – a strong desire for sexual gratification; a strong desire or drive